

# ADULT GROUPS

## Intentionally Build Your Foundation in Christ

**GROUPS** meet regularly (weekly, bi-weekly or monthly) to intentionally grow their foundation in Christ together through friendship, Bible study, service, and prayer.

**SUPPORT GROUPS** including GriefShare, Inclusive Grace, Mental Health, Military & Veterans

Click on Adults under Age Levels at [www.MatthewsUMC.org](http://www.MatthewsUMC.org) for more information

\*More Support Groups under Care & Support on the website

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Day	Time	Group Type	Location/Leader	About the Group
Sunday	8:15 AM	Sunday Morning Group Parousia	Room 94 & Online Marilyn Sczech	Studies word & will of God in our lives
Sunday	9:30 AM	Sunday Morning Group Elizabeth Patrick	Conference Room 3 Carolyn Perlman	Loving, lively multigenerational group
Sunday	9:30 AM	Sunday Morning Group Faith	Room 209/211 Katrina Larrison	Adults of all ages; Bible Study & Service
Sunday	9:30 AM	Sunday Morning Group Faith Foundations	Room 158 Wendy & Steve Hall	Adults 25-45
Sunday	9:30 AM	Sunday Morning Group Family Covenant Class	Room 213/215 Chuck DeLong	Couples and Singles 40's & up
Sunday	9:30 AM	Sunday Morning Group Fellowship	Room 152 Lu Ann Hall	Senior Adult Bible Study
Sunday	9:30 AM	Sunday Morning Group Homebuilders	Room 94 & Online Nancy Bowes	Couples & Singles 50's-70's
Sunday	9:30 AM	Sunday Morning Group New Directions	Room 97/99 & Online Marty Clark	Everyone Welcome Multiple teachers
Sunday	<b>Summer Break</b>	Sunday Morning Group Anchored in Faith	Conference Room 3 Scott TenBroeck	Adults of all ages & stages - <b>Resuming 8/30</b>
Sunday	<b>Summer Break</b>	Sunday Morning Group Family Matters	Room 97/99 Kristen Freeman	Families with Children - <b>Resuming 8/30</b>
Sunday	11:00 AM	Sunday Morning Group The Word	Room 94 & Online Sue Williams	Bible based class for adults of all ages
Varies	Varies	A Disciple's Path New Members class	In-person Judi Hunt	Explore your faith through the UM Church
Varies	Varies	Short Term Studies	In-Person & Online Mutliple Leaders	Click on Adults on the Website



## Scan to learn more!

<https://matthewsumc.org/age-stage-all-groups>

### WOMEN

Day	Time	Group Name	Location/Leader	About the Group
Varies	Varies	Servants Heart Circle	Location varies Karen Kraynock	Fellowship & service 50's and up
Wednesday 1st	10:00 AM	Delia Lemmon Circle (Every Other Month)	Room 94 Jan Hull	Fellowship & service 60's and up
Wednesday	10:00 AM	Joyous Journeyers	Location varies Rose Brooks	Various Bible study materials
Wednesday	7:00 PM	Sisters (Off July & August)	Location varies Maxine Starner	Various Bible study materials
Thursday	6:30 PM	Women's Small Group	Online Cheryl Sherrard	Various Bible study materials
Thursday 3rd	7:00 PM	Selah Rising	Room 158 Julia TenBroeck	Women ages 30-60 building relationships

### MEN

Day	Time	Group Name	Location/Leader	About the Group
Monday	9:00 AM	Men Seeking Jesus Together	Jonathan's Restaurant Bill Campbell	Men's fellowship group
Friday	7:00 AM	Men's Faith & Fellowship Group	Jonathan's Restaurant Frank Brown	Men's fellowship group
Saturday 1st	8:00 AM	United Methodist Men (Off July)	The Commons Marshall Edwards	Breakfast, fellowship & program
Varies	Varies	Handyman Ministry	Joe Culpepper	Home repairs for those in need

### SPECIAL INTEREST

Day	Time	Group Name	Location/Leader	About the Group
Monday	12:00 PM		Room 158	
Wednesday	12:00 PM	Bridge	Kim Layton	Fellowship & fun
Tuesday	11:00 AM	Tasty Tuesdays <b>Resumes in September</b>	The Commons Kim Layton	Adults share fellowship, entertainment & meal
Tuesday 2nd	7:00 PM	Bridge Builders Fellowship	The Commons Howard Nussman	Fellowship, service, building racial bridges
Thursday Last	10:00 AM	Hearts & Hands	Room 97/99 Kim Layton	Knitting & crocheting ministry
Monday	1:30 pm			
Wednesday	4:00 pm		Room 97/99	Open play - any skill level
Thursday	10:00 am	Open Play Mahjong	Kim Layton	with game experience
Varies	Varies	Mental Health Education Series	Mental Health Ministry	Provide education about Mental/Brain health topics
Summer	10:00 AM	Coffee & Mingle	The Commons Kim Layton	Fellowship, treats & music - <b>6/16, 7/14, 8/18</b>