

FAMILY DISCUSSIONS

October 20th & 27th



Self-control is choosing to do what's best even when you don't want to.

Bible Story

David Spares Saul's Life

1 Samuel 24

Think before you act.

MEMORY VERSE

God's power has given us everything we need to lead a godly life.

2 Peter 1:3a, NIV

Engagement Questions

- Have you ever acted first and thought about it later? What happened?
- When have you had self-control?
- What can you do when you need to stop and **think before you act**?

Prayer

“God, thank You for sending us Your Holy Spirit to be our Helper. Because of Your power and strength, we know we can think before we act. No matter what we face this week, remind us of the opportunity we have to be more like Jesus. Thank You for wanting to use us to show the world Your kindness and strength. We love You, and we pray these things in Jesus’ name. Amen.”



Morning Time

As your kid starts their day, tell them about a time when they made a wise decision and exercised self-control before acting.



Drive Time

While on the go, ask your kid: “What is the craziest thing you’ve seen someone do lately—either in person or online?”



Meal Time

At a meal this week, have everyone answer this question: “Describe a time you thought before you acted. What was the situation and how did that affect what you decided to do?”



Bed Time

Pray for each other: “Jesus, help us to think about our actions and how they may affect us and others—both in good ways and in bad ways.”
