

# FAMILY DISCUSSIONS





## **Morning Time**

As your kid starts their day, tell them something good and true about them.



### **Drive Time**

While on the go, ask your kid: "What is something true about you? What is something not true?" (Give an example: You love baseball. You hate candy.)



#### **Meal Time**

At a meal this week, have everyone at the table answer this question: "What is something you are waiting on right now? What are some things that may make you afraid or unsure? What are some truths that prove that wrong?"



### **Bed Time**

Pray for each other: "God, when we are waiting, it's easy to get frustrated, angry, scared, or impatient. Help us to remember that You are always working, and we can trust in You while we wait."