

# Ways to Embrace Disabilities

## I Am Interested In Participating By...

- Being an advocate for accessibility in all spaces
- Intentionally hanging out with persons/families to build friendships (inviting to lunch, inviting to my small group, etc.)
- Seeing and treating persons with disabilities as leaders, teachers, etc.
- Providing transportation (to church, to work, to day programs, to STP Tuesday Senior Lunch, to appointments, etc.)
- Coordinating transportation between volunteers & families
- Providing respite care - for parents/families to go out to dinner, to attend Bible Study, small groups, etc.
- Coordinating respite care volunteers
- Helping in Sunday School classes - teaching, assisting, or as a buddy (in children or young adult classes)
- Being a church Usher/Greeter to assist & welcome people with disabilities - opening doors, visual/audio needs, etc
- Being a teenage babysitter for a child with disabilities
- Joining a Peer Buddy Program at my school
- Hiring someone with disabilities at my place of work
- Working part or full-time as a caregiver
- Having conversations around the dinner table about inclusion
- Helping children foster relationships with children with disabilities
- Volunteer with Blessed Assurance Adult Day Care

Explore Global Impact site for groups raising awareness for disabilities.

- Pray for Groups supporting persons with disabilities, including Wings of Hope during the current unrest in Haiti
- Volunteering with Rainbow Express Ministries
- Supporting/Volunteering with WillBeans Coffee Shop on Sunday mornings
- Supporting Feast with Friends on Thursdays 11:30-1:30
- Volunteering as a Teen Counselor at Rainbow Express Camp
- Becoming a “sister family” of a Rainbow residential home - coming soon
- Living with a person with disabilities - in my home, apartment, or in a Rainbow residential home
- Helping/volunteering with landscaping or yard-care at the Rainbow Express Ministries properties or with MUMC Handyman Ministries supporting seniors & vulnerable adults

## Financial Opportunities for Support:

- Blessed Assurance, Rainbow Express Ministries, Wings of Hope Residential Facility in Haiti & other similar groups
- Monthly giving/support of Rainbow affordable housing
- Rainbow Express Camp - to cover camp expenses
- Business Sponsorships for disability groups

***Safe Sanctuary training is required; please contact the Church Office at 704-847-6261 for information.***

Name/Family Names	
Email	
Phone Number	

