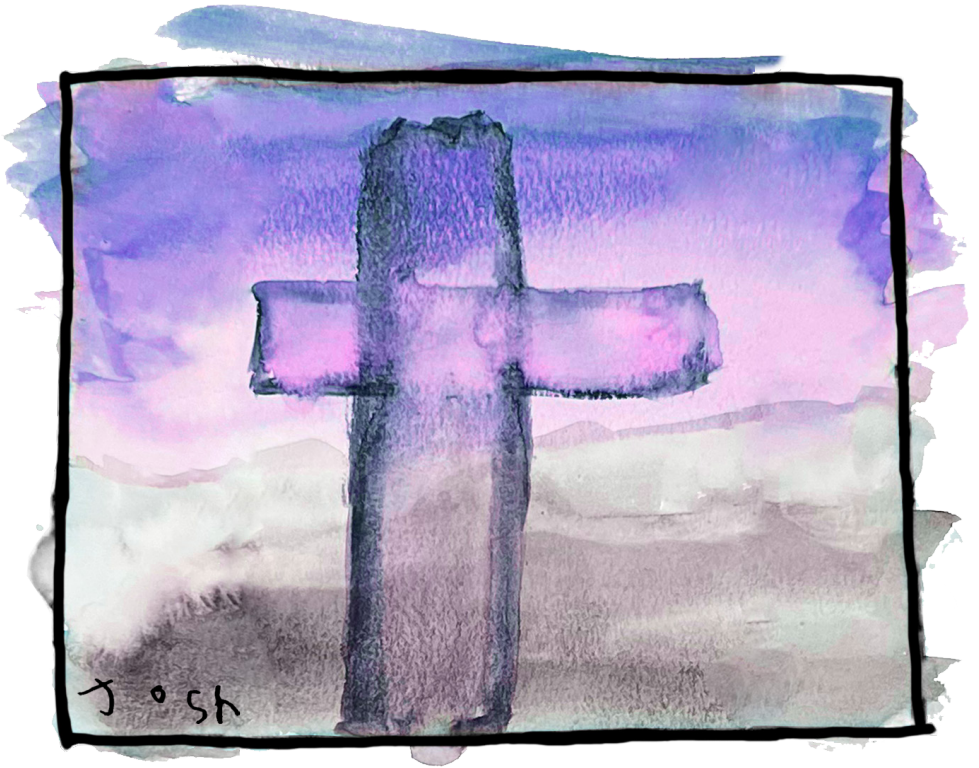


Embracing Disabilities

Creating an Everybody Mentality



Lenten Devotional

God is telling you that Jesus is here for us even after he died on the cross for us. Take time to think about that and pray as you go into the season of Lent and even beyond that.

- *Hunter Adcock*

Introduction

We pray this daily devotional will guide you through the forty days of Lent. You will notice some days include reflections of the daily scripture and some days there is room for your personal reflection. All written reflections included in this devotional are by people with disabilities. Some also chose to include artwork as a form of creative engagement with the scripture. Each Sunday includes a Psalm and prayer for the week, as well as a piece of art from a Durham-based artists' Stations of the Cross project.

We urge you to receive these reflections from the disability community as holy teachings.

Ash Wednesday

JOEL 2:12-13

Day 01

Reflection from Will Thames

Reflection

These words from Joel are very timely for the start of the Lenten journey. Today we observe Ash Wednesday. This is not an exciting day in the church year, rather, it's very somber. This is a day when we reflect as we stop to remember our mortality. For that matter, this is a season where we should ponder and reflect about things we could do better for God, and today begins that very sacred 40 day journey through the wilderness. May you encounter the presence of God during this season of preparation, and such expectation, for what is to come, as we anticipate a joyous Easter, but for now, pause and reflect and read God's Holy Word over these days of Lent. A blessed Lenten journey to you all.

Today's Prayer

Jesus may we encounter your Presence this Lent. Fill us with expectation and anticipation of You.

Amen.

Thursday

PHILIPPIANS 2

Day 02

Personal reflection on today's Scripture

Reflection

Today's Prayer

Jesus thank you for coming down to earth to die on the cross for us. Fill us with your spirit of humility this day as we love others as you would love them.

Amen.

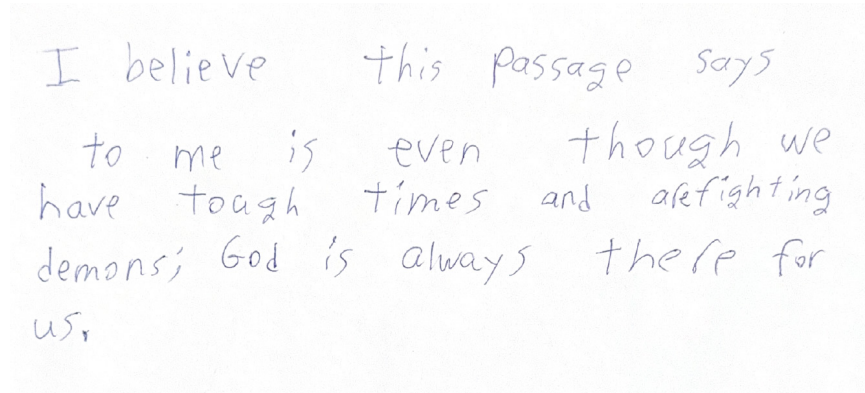
Friday

JAMES 1:1-15

Day 03

Reflection from Travis Silberquit

Reflection



I believe this passage says to me is even though we have tough times and are fighting demons; God is always there for us.

Today's Prayer

Thank you God that you are always with us. All the time.

Amen.

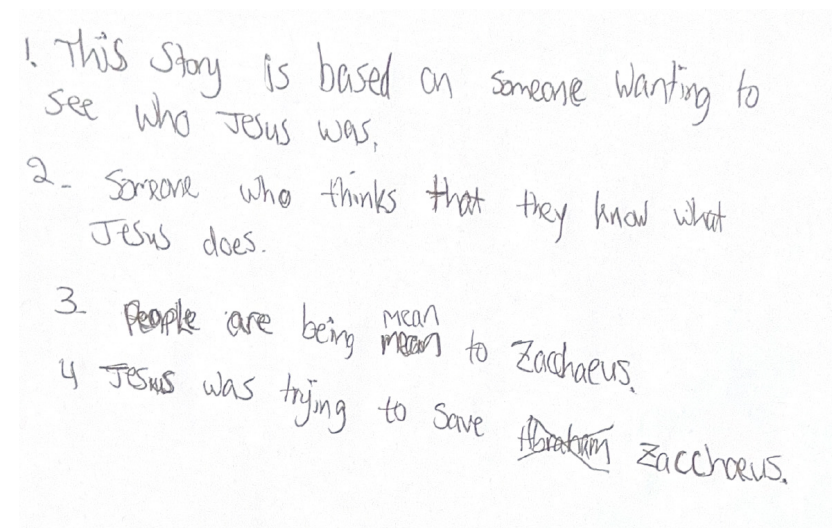
Saturday

LUKE 19:1-10

Day 04

Reflection from Jimmy DeSmedt

Reflection



1. This story is based on someone wanting to see who Jesus was.
2. Someone who thinks that they know what Jesus does.
3. People are being mean to Zacchaeus.
4. Jesus was trying to save Zacchaeus.

Today's Prayer

Jesus, fill us with the desire to seek you in the way Zacchaeus sought after you. Thank you for seeing us and saving us. We are open to the Spirit's transformative love today.

Amen.