

# FAMILY DISCUSSIONS





## **Morning Time**

As your kid starts their day, keep things as positive as possible—let them leave the house or start their day knowing you believe in them and love them.



### **Drive Time**

While on the go, ask your kid: "What are some things that you have always wondered about, things you don't understand?"



#### **Meal Time**

At a meal, have everyone at the table answer this question: "What is a question you would like God to answer?"



### **Bed Time**

Pray for each other: "God, thank You that we can always come to You with our questions. Help us to trust in You for the things we don't understand, and to remember all the things about You that we know to be true."