

ADULT GROUPS

Intentionally Build Your Foundation in Christ

GROUPS meet regularly (weekly, bi-weekly or monthly) to intentionally grow their foundation in Christ together through friendship, Bible study, service, and prayer.

SUPPORT GROUPS including Alzheimer's, GriefShare, Inclusive Grace, Mental Health, Military & Veterans

Click on Adults under Age Levels at www.MatthewsUMC.org for more information

**More Support Groups under Care & Support on the website*

Day	Time	Group Type	Location/Leader	About the Group
Sunday	8:15 AM	Sunday Morning Group Parousia	Room 94/Online Marilyn Sczech	Studies word & will of God in Our lives
Sunday	9:30 AM	Sunday Morning Group Elizabeth Patrick	Room 158 Ruth Crowe	Seniors studying scripture
Sunday	9:30 AM	Sunday Morning Group Faith	Room 209/211 Katrina Larrison	Couples & Singles 40's & up
Sunday	9:30 AM	Sunday Morning Group Family Covenant Class	Room 213/215/Online Chuck DeLong	Couples and Singles 40's & up
Sunday	9:30 AM	Sunday Morning Group Fellowship	Room 152 Clarence Williford	Seniors Adults Bible Study
Sunday	9:30 AM	Sunday Morning Group Homebuilders	Room 94/Online Jim Murphy	Couples & Singles 50's- 70's
Sunday	9:30 AM	Sunday Morning Group New Directions	Room 97/99/Online Marty Clark	Everyone Welcome Multiple teachers
Sunday	9:30 AM	Sunday Morning Group Family Foundations	Conference Room 3 Wendy & Steve Hall	Engaged & Newly Married Couples
Sunday	11:00 AM	Sunday Morning Group Anchored in Faith	Conference Room 3 Scott TenBroeck	Adults of all ages & stages
Sunday	11:00 AM	Sunday Morning Group Family Matters	Room 97/99 Kristen Freeman	Families with Children
Sunday	11:00 AM	Sunday Morning Group The Word	Room 94/Online Sue Williams	Bible based class for adults of all ages
Varies	Varies	A Disciple's Path New Members class	In-person Jenny Savage	Explore your faith through the UM Church
Varies	Varies	Short Term Studies	In-Person/Online Mutliple Leaders	Click on Adults on the Website



UNITED ADULTS
REACH. TEACH. PRAISE. SERVE.

WOMEN

Day	Time	Group Type	Location/Leader	About the Group
Varies	Varies	Servants Heart Circle	Location varies Karen Kraynock	Fellowship & Service 50's and up
Wednesday 1st	10:00 AM	Delia Lemmon Circle	Room 94 Jan Hull	Fellowship & Service 60's and up
Wednesday	10:00 AM	Joyous Journeymen	Location varies Rose Brooks	Various Bible study materials
Wednesday	7:00 PM	Sisters	Location varies Maxine Starner	Various Bible study materials
Thursday 1st	9:30 AM	Rehobeth Circle	Location varies	Fellowship & Service 50's and up
Thursday	6:30 PM	Women's Small Group	Online Cheryl Sherrard	Various Bible study materials

MEN

Day	Time	Group Type	Location/Leader	About the Group
Friday	7:00 AM	Men's Bible Study	Jonathan's Restaurant David Wheeler	Men's fellowship group
Saturday 1st	7:30 AM	United Methodist Men	The Commons Marshall Edwards	Breakfast, Fellowship & Program
Varies	Varies	Handyman Ministry	People's Homes Joe Culpepper	Home repairs for those in need
Varies	Varies	Home 2 Home Ministry	Earl Coggins	Providing Furniture to Underserved Families

SPECIAL INTEREST

Day	Time	Group Type	Location/Leader	About the Group
Tuesday 2nd	7:00 PM	Bridge Builders Fellowship	Room 97/99 Howard Nussman	Fellowship, Service, Building racial bridges
Monday	12:45 PM		Room 158	
Wednesday	12:45 PM	Bridge	Kim Layton	Fellowship, Service, Fun
Quarterly/ Monday 1st	7:00 PM	Couples In Christ Marriage Ministry	Online Kim Layton	Fellowship, Service, Encouragement
Varies	Varies	Hearts & Hands	TBA	Knitting & Crocheting Ministry
Wednesday last	7:00 PM	Bridge-Building Conversations	Online - Leader changes monthly	Conversation around books on race relations
Tuesday 4th	7:00 PM	Mental Health Education Series	Room 158 Mental Health Ministry	Provide education about Mental/Brain health topics

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