

# Adult Discipleship Groups

## Intentionally Build Your Foundation in Christ

### Small Groups

meet regularly (weekly, bi-weekly or monthly) to intentionally grow their foundation in Christ together through friendship, Bible study, service, and prayer.

### Weekend Adult Classes

meet on Sunday mornings to intentionally grow their foundation in Christ through fellowship, Bible study, prayer, and service. \*Hybrid means meeting in-person and online.

### CO-ED

Day	Time	Group Type	Location/Leader	About the Group
Sunday	8:15 AM	Weekend Adult Class Parousia	*Hybrid/Room 94 Marilyn Szech	Studies word & will of God in Our lives
Sunday	9:30 AM	Weekend Adult Class Elizabeth Patrick	Room 158 Ruth Crowe	Seniors studying scripture
Sunday	9:30 AM	Weekend Adult Class Faith	Room 209/211 Katrina Larrison	Couples and Singles 40's & up
Sunday	9:30 AM	Weekend Adult Class Family Covenant Class	*Hybrid/Room 213/215 Don Niven	Couples and Singles 40's & up
Sunday	9:30 AM	Weekend Adult Class Fellowship	Room 152 Clarence Williford	Seniors Echoes Bible Study
Sunday	9:30 AM	Weekend Adult Class Homebuilders	*Hybrid/Room 94 Jim Murphy	Couples and Singles 50's-70's
Sunday	9:30 AM	Weekend Adult Class New Direction	*Hybrid/Room 97/99 Marty Clark	Everyone Welcome Multiple teachers
Sunday	9:30 AM	Weekend Adult Class Young Couples Group	Conference Room 3 Wendy & Steve Hall	Engaged and Newly Married Couples
Sunday	11:00 AM	Weekend Adult Class Becoming One	Room 97/99 Kristen Freeman	Couples with children
Sunday	11:00 AM	Weekend Adult Class The Word	*Hybrid/Room 94 Lisa Martin	Bible based class for adults of all ages
Sunday	11:00 AM	Small Group Intergenerational	Online Pastor Corey Millet	Share life & stories of God's faithfulness
Thursday	6:45 PM	Small Group Bible Study	On Summer Break Dave Dowker	Dig deep in the Bible for adults of all ages
Varies	Varies	A Disciple's Path New Members class	In-person Jenny Savage	Explore your faith through the UM Church
Varies	Varies	Short Term Studies	In-Person-Zoom-Hybrid Multiple Leaders	Variety of Studies on the Teach Tab of Website

## WOMEN

Day	Time	Group Type	Location/Leader	About the Group
Tuesday 3rd	6:30 PM	Servants Heart Circle	Location varies Karen Kraynock	Fellowship & Service 50's and up
Wednesday 1st	10:00 AM	Delia Lemmon Circle	On Summer Break Jan Hull	Fellowship & Service 60's and up
Wednesday	10:00 AM	Small Group Joyous Journeyers	Location varies Rose Brooks	Various Bible study materials
Wednesday	7:00 PM	Small Group Sisters	Location varies Maxine Starner	Various Bible study materials
Thursday 1st	9:30 AM	Rehobeth Circle	On Summer Break Lisa Martin	Fellowship & Service 50's and up
Thursday	6:30 PM	Women's Small Group	Online Cheryl Sherrard	Various Bible study materials

## MEN

Day	Time	Group Type	Location/Leader	About the Group
Friday	7:00 AM	Men's Bible Study	Jonathan's Restaurant David Wheeler	Men's fellowship group
Saturday 1st	7:30 AM	United Methodist Men	The Commons Marshall Edwards	Breakfast, Fellowship & Program
Varies	Varies	Handyman Ministry	People's Homes Joe Culpepper	Home repairs for those in need
Varies	Varies	Home 2 Home Ministry	Earl Coggins	Providing Furniture to Underserved Families

## SPECIAL INTEREST

Day	Time	Group Type	Location/Leader	About the Group
Tuesday 2nd	7:00 PM	Bridge Builders Fellowship	Room 97/99 Howard Nussman	Fellowship, Service, Building racial bridges
Monday Wednesday	12:45 PM 12:45 PM	Bridge	Room 158 Kim Layton	Fellowship, Service, Fun
Monday	1:00 PM	Ballroom Dancing	On Summer Break Suzanne Schilling	Fellowship, Fun, Exercise
Quarterly/ Monday 1st	7:00 PM	Couples In Christ Marriage Ministry	Online Kim Layton	Fellowship, Service, Encouragement
Varies	Varies	Hearts & Hands	TBA	Knitting & Crocheting Ministry
Wednesday last	7:00 PM	Bridge-Building Conversations	Online - Leader changes monthly	Conversation around books on race relations
Tuesday 4th	7:00 PM	Mental Health Education Series	Room 158 Mental Health Ministry	Provide education about Mental/Brain health topics

**For more information click on the specific ministry area link or contact**

**Kim Layton, Director of Adult Discipleship at 704-815-1913  
or Kim@Matthewsumc.org.**

### SUPPORT GROUPS

Day	Time	Group Type	Location/Leader	About the Group
Monday	7:00 PM	Mental Health Support Groups	Individual - Rm. 208 Families - Rm. 158	Support individuals with mental health challenges and their families
Wednesday 2nd	7:00 PM	Inclusive Grace	Room 97/99 Liz Mockler	Supports LGBTQIA+ Persons & Families
Monday- Friday	11:30 AM	AA/Sober Mamas	Eagles Nest	Women's only AA Group
Monday 4th	7:00 PM	Alzheimer's Support	Online Marge Averill	Encouragement & Support for caregivers
Monday	7:00 PM	GriefShare *Beginning in June	Wesley UMC Griefshare Team	Video/Discussion for Support Through Grief
Sunday	8:00 AM	Jail Ministry Bible Study	Mecklenburg Jail Trish Pregram	Disciple program - Disciple 1 Prerequisite
Tuesday & Thursday	8:00 PM	NA Narcotics Anonymous	Not currently meeting	Visit NA Website <a href="http://www.charlotte.na.org">www.charlotte.na.org</a>
Tuesdays	8-9 PM	Nar-Anon Family Group	Room 204 Eilen Saunders	Visit <a href="http://www.carolina-naranon.org">www.carolina-naranon.org</a>
Tuesdays 2nd & 4th	7:00 PM	Stephen Ministry	Call Church Office Paul Craig	Christian support by trained leaders
TBD	TBD	Military Ministry	Visit church website	Serving as Faith Partner to Active Military & Family
Saturday	5:00 PM	AA Alcoholics Anonymous	Eagles Nest (Co-Ed)	Visit <a href="https://www.aa.org/">https://www.aa.org/</a>

**For more information, visit our NEW groups page at:**

<https://matthewsumc.org/age-stage-all-groups/>

**or our NEW support groups page at:**

<https://matthewsumc.org/support-groups/>