

Adult Discipleship Groups

Intentionally Build Your Foundation in Christ

Small Groups

meet regularly (weekly, bi-weekly or monthly) to intentionally grow their foundation in Christ together through friendship, Bible study, service, and prayer.

Weekend Adult Classes

meet on Sunday mornings to intentionally grow their foundation in Christ through fellowship, Bible study, prayer, and service.

CO-ED

| Day | Time | Group Type | Location/Leader | About the Group |
|----------|----------|--|-------------------------------|--|
| Sunday | 8:00 AM | Weekend Adult Class Parousia | Online Carolyn Perlman | Studies word & will of God in Our lives |
| Sunday | 9:30 AM | Weekend Adult Class Elizabeth Patrick | Online Roy Barker | Seniors studying scripture |
| Sunday | 9:30 AM | Weekend Adult Class Faith | Online Katrina Larrison | Couples and Singles 40's & up |
| Sunday | 9:00 AM | Weekend Adult Class Family Covenant Class | Online Don Niven | Couples and Singles 40's & up |
| Monday | 6:00 PM | Weekend Adult Class Fellowship | Online Clarence Williford | Seniors Echoes Bible Study |
| Sunday | 9:30 AM | Weekend Adult Class Homebuilders | Online Carol Goolsby | Couples and Singles 50's-70's |
| Sunday | 4:30 PM | Weekend Adult Class New Direction | Online Marty Clark | Everyone Welcome Multiple teachers |
| Sunday | 8:00 PM | Weekend Adult Class Becoming Once | Online Kristen Freeman | Couples with children |
| Sunday | 10:30 AM | Weekend Adult Class Courageous Couples | Online Erma Martin | Empty Nesters strengthening marriages |
| Sunday | 9:20 AM | Weekend Adult Class The Word | Online Lisa Martin | Bible based class for adults of all ages |
| Sunday | 11:00 AM | Small Group Intergenerational | Online Pastor Corey Millet | Share life & stories of God's faithfulness |
| Thursday | 6:45 PM | Small Group Bible Study | Online Dave Dowker | Dig deep in the Bible for adults of all ages |
| Varies | Varies | A Disciple's Path New Members class | Online Meg Moore | Explore your faith through the UM Church |
| Varies | Varies | Short Term Studies | Online Multiple Leaders | Variety of Studies on the Teach Tab of Website |

WOMEN

| Day | Time | Group Type | Location/Leader | About the Group |
|-----------------|----------|----------------------------------|-----------------------------------|-------------------------------------|
| Tuesday 3rd | 6:30 PM | Servants Heart Circle | Location varies Karen Kraynock | Fellowship & Service 50's and up |
| Tuesday 1st | 6:30 PM | Delia Lemmon Circle | Online Jan Hull | Fellowship & Service 60's and up |
| Wednesday | 10:00 AM | Small Group Joyous Journeymen | Online Rose Brooks | Various Bible study materials |
| Wednesday | 7:00 PM | Small Group Sisters | Online Maxine Starnier | Various Bible study materials |
| Thursday 1st | 9:30 AM | Rehobeth Circle | Online Lisa Martin | Fellowship & Service 50's and up |
| Thursday | 6:45 PM | Women's Small Group | Online Cheryl Sherrard | Various Bible study materials |

MEN

| Day | Time | Group Type | Location/Leader | About the Group |
|-----------------|---------|----------------------|---------------------------------|--|
| Saturday 1st | 8:00 AM | United Methodist Men | Online Marshall Edwards | Fellowship & Program |
| Varies | Varies | Handyman Ministry | People's Homes Joe Culpepper | Home repairs for those in need |
| Varies | Varies | Home 2 Home Ministry | Earl Coggins | Providing Furniture to Underserved Families |

SPECIAL INTEREST

| Day | Time | Group Type | Location/Leader | About the Group |
|---------------------|---------------------|--|------------------------------------|---|
| Tuesday 2nd | 7:00 PM | Brindge Builders Fellowship | Online Howard Nussman | Fellowship, Service, Building racial bridges |
| Monday Wednesday | 12:45 PM 9:45 AM | Bridge | TBA Burke Lahti | Fellowship, Service, Fun |
| Monday | 1:00 PM | Ballroom Dancing | Suzanne Schilling | Fellowship, Fun, Exercise |
| Monday 1st | 7:00 PM | Couples In Christ Marriage Ministry | Online Kim Layton | Fellowship, Service, Encouragement |
| Varies | Varies | Hearts & Hands | TBA Sheila Meador | Knitting & Crocheting Ministry |
| Wednesday last | 7:00 PM | Bridge-Building Conversations | Online - Leader changes monthly | Conversation around books on race relations |

**For more information click on the specific ministry area links or contact
Kim Layton, Director of Adult Discipleship at 704-815-1913
or Kim@Matthewsumc.org.**

SUPPORT GROUPS

| Day | Time | Group Type | Location/Leader | About the Group |
|------------------------|----------|----------------------------|----------------------------------|--|
| Monday 1st | 2:00 PM | Matthews@Work | Online Gwen Stokes | Supports and provides tools to job seekers |
| Wednesday 2nd & 4th | 7:00 PM | Inclusive Grace | Online Liz Mockler | Supports LGBTQIA+ Persons & Families |
| Monday-Friday | 11:30 AM | AA/Sober Mamas | Online | Women's only AA Group |
| Monday 4th | 7:00 PM | Alzheimer's Support | Online Marge Averill | Encouragement & Support for caregivers |
| Monday | 7:00 PM | GriefShare | Online Griefshare Team | Video/Discussion for Support Through Grief |
| Sunday | 8:00 AM | Jail Ministry Bible Study | Mecklenburg Jail Trish Pregam | Disciple program - Disciple 1 Prerequisite |
| Tuesday & Thursday | 8:00 PM | NA Narcotics Anonymous | Room 158 | Visit NA Website www.charlotte.na.org |
| Tuesdays | 8-9 PM | Nar-Anon Family Group | Room 209/211 Eilen Saunders | Visit www.carolina-naranon.org |
| Tuesdays 2nd & 4th | 7:00 PM | Stephen Ministry | Call Church Office Paul Craig | Christian support by trained leaders |
| TBD | TBD | Military Ministry | Visit church website | Serving as Faith Partner to Active Military & Family |
| MWF | 8:00 PM | AA Alcoholics Anonymous | Online (CoEd) Russ P. | Contact 704 215-0553 Russ |
| Saturday | 5:00 PM | AA Alcoholics Anonymous | Eagles Nest (Co-Ed) | Visit https://www.aa.org/ |
| Mondays | 6:30 PM | AA Alcoholics Anonymous | Room 97/99 (Co-Ed) | Visit https://www.aa.org/ |

**For more information on support groups/ministries click on
<https://www.matthewsumc.org/serve/caring-ministries/>**